



An 8-year longitudinal study of mirror self-recognition in chimpanzees (*Pan troglodytes*)

Monique W. de Veer^{a,1}, Gordon G. Gallup Jr.^{b,2}, Laura A. Theall^c,
Ruud van den Bos^{a,1}, Daniel J. Povinelli^{c,*}

^a Animal Welfare Centre, Faculty of Veterinary Medicine, Utrecht University, Utrecht, The Netherlands

^b Department of Psychology, State University of New York at Albany, Albany, NY 12222, USA

^c Cognitive Evolution Group, University of Louisiana at Lafayette, 4401 W. Admiral Doyle Drive, New Iberia, LA 70560 USA

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Abstract

In a previous cross-sectional study of mirror self-recognition involving 92 chimpanzees, Povinelli et al. [Journal of Comparative Psychology 107 (1993) 347] reported a peak in the proportion of animals exhibiting self-recognition in the adolescent/young adult sample (8–15 years), with 75% being classified as positive. In contrast, only 26% of the older animals (16–39 years) were classified as positive, suggesting a marked decline in self-recognition in middle to late adulthood. In the present study, all of the chimpanzees from the 8–15-year-old group in the Povinelli et al. study ($n = 12$) were again tested for self-recognition, 8 years later. Using the same criteria, 67% of the animals were classified the same. Although a higher proportion of the adult animals in this study (50%) exhibited self-recognition than would be inferred on the basis of the previous study (25%), all changes in self-recognition status were in the negative direction. These results show that mirror self-recognition is a highly stable trait in many chimpanzees, but may be subject to decline with age. Connections with human research are briefly discussed.

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Keywords: Mirror self-recognition; *Pan troglodytes*; Human research

1. Introduction

Gallup [6] demonstrated that chimpanzees (*Pan troglodytes*) are capable of what has been termed self-recognition in mirrors. Typically, chimpanzees initially react to their mirror image as if it were another chimpanzee, but after a period ranging from a few minutes to several days (see [11]), they use the mirror to explore otherwise difficult to view parts of their bodies. To validate the impression of self-recognition that arose from observing the animals engaging in self-exploratory behaviors, Gallup [6] designed a test where the animals were sedated and marked on the right eyebrow ridge and upper left ear. After recovery, the chimpanzees showed clear and selective attempts to touch and investigate these marks while in front of the mirror (for evidence of the specificity of these touches, see [12]).

In a cross-sectional study involving a sample of 92 chimpanzees, Povinelli et al. ([11], Exp. 1) obtained evidence that

self-recognition typically emerges in young adolescence; relatively few animals younger than 8 years of age displayed compelling instances of self-exploratory behavior, whereas 75% of the subjects aged 8–15 years ($n = 12$) did so. Povinelli et al. also reported the surprising finding that only 26% of the older adults (16–39 years, $n = 35$) exhibited evidence of mirror-mediated patterns of self-exploration. Humans begin to show mirror self-recognition between 18 and 24 months of age (e.g. [1]) and do not typically lose the capacity until they enter the advanced stages of senility (for a review see [7]). Thus, on the basis of the Povinelli et al. sample, the onset of self-recognition in chimpanzees would appear to be delayed relative to humans, and the loss of self-recognition in later life by chimpanzees may be accelerated.

Povinelli et al. [11] also provided evidence for a dissociation between the two primary measures of mirror self-recognition: spontaneous self-exploratory behaviors and the results of mark tests. Thirty-six subjects who had been coded as either self-recognition positive (SR+, $n = 18$), negative (SR–, $n = 12$) or ambiguous (SR?, $n = 6$) on the basis of their spontaneous patterns of mirror-mediated self-exploratory behavior, were administered mark tests.

* Corresponding author. Tel.: +1-337-482-0265; fax: +1-337-373-0057.
E-mail address: ceg@louisiana.edu (D.J. Povinelli).

¹ Tel.: +31-302-53-4851; fax: +31-302-53-7727.

² Tel.: +1-518-442-4852; fax: +1-518-442-4867.

65 Positive results on the mark test came almost exclusively
66 from animals that had been diagnosed as SR+ (82%, 9/11
67 cases), and animals that were coded as SR? or SR– exhib-
68 ited only rare instances of passing the mark test (11%, 2/18
69 cases). However, only half of the SR+ animals passed the
70 mark test (50%, 9/18 cases). These data add confidence
71 to the scheme developed by Povinelli et al. for coding the
72 spontaneous behavioral reactions of chimpanzees to their
73 mirror images (see Section 2), by showing that the coding
74 system does not lead to a substantial number of false nega-
75 tives (i.e. SR– diagnosis based on spontaneous behavioral
76 reactions to mirror, but SR+ diagnosis on mark test).

77 The main purpose of the present study was to examine
78 the long-term stability of one of the measures of mirror
79 self-recognition (self-exploratory behavior) in the adoles-
80 cent subjects of Povinelli et al. [11]. To do so, we used a
81 longitudinal design and re-tested the 12 chimpanzees from
82 the 8–15-year-old group in the Povinelli et al. [11] study
83 8 years after the original study. These data can help to de-
84 termine whether the apparent decline in mirror-mediated
85 self-exploratory behavior among adult chimpanzees indi-
86 cated by the cross-sectional data of Povinelli et al. is a robust
87 phenomenon. A secondary objective was to re-examine data
88 from the original study to further explore the relationship
89 between measures of spontaneous self-exploratory behavior
90 (the measure used here) and the results of the mark tests.

91 2. Method

92 2.1. Subjects

93 Subjects were 12 chimpanzees (*Pan troglodytes*) housed
94 in social groups (range = 6–9 animals) at the University of
95 Louisiana (enclosure dimensions: exterior, 8 m × 5.5 m × 4 m;
96 interior, 4.5 m × 5.5 m × 3 m). Eight years earlier, when
97 they were between 8 and 15 years of age (see Table 1),
98 these subjects had participated in the mirror self-recognition

Table 1
Subject information

Subject	Gender	Age		1992 classification
		1992	2000	
Cindy	F	8 (5)	16 (3)	SR+
Chakema	F	9 (7)	18 (1)	SR+
Angela	F	10 (1)	18 (11)	SR+
Keetah	F	10 (6)	18 (1)	SR+
Misty	F	10 (10)	18 (8)	SR+
Christy	F	10 (10)	18 (8)	SR+
Gilda	F	11 (11)	19 (9)	SR+
Lisa	F	12 (10)	20 (7)	SR+
Schulman	F	15 (4)	23 (1)	SR+
Liz	F	15 (11)	23 (9)	SR?
Abby	F	10 (5)	18 (2)	SR–
Christine	F	11 (1)	18 (11)	SR–

The values in parentheses are number of animals.

experiments of Povinelli et al. [11]. At the time of the present 99
tests, the subjects ranged in age from 16 to 23 years. 100

2.2. Materials 101

For testing, a one-way mirror (47 cm × 43 cm) was 102
mounted in front of a window cut into the top half of a 103
wooden box. A video camera positioned on a tripod was 104
placed directly behind the mirror inside the box. The cam- 105
era was covered by a cloth to prevent light from entering the 106
box behind the mirror. This arrangement made it possible 107
to obtain high-quality video footage of the chimpanzees as 108
they looked in the mirror. This procedure differed slightly 109
from the study conducted by Povinelli et al. [11] who used 110
trained observers to code the behaviors as they occurred. 111
Methodological advances in the interim, however, suggested 112
using this more reliable method (see [4]). The apparatus 113
was placed in front of the enclosure, as close to the mesh 114
as possible, but out of reach of the chimpanzees. 115

2.3. Procedure 116

The 12 animals from the Povinelli et al. study were housed 117
with a variety of other animals in different enclosures. Each 118
of these groups were exposed to the mirror for 6 days. Each 119
day, two groups were tested; one group was filmed twice a 120
day for 2 h (2 h in the morning and 2 h in the late afternoon) 121
and one group was filmed once for 2 h in the early afternoon. 122
After filming, the apparatus was removed and another mirror 123
was placed at the same location and left there for the rest of 124
the day. The order and time of testing was counterbalanced 125
across days. 126

2.4. Videotape analysis 127

The videotapes were coded for the presence of mirror 128
proximity and self-exploratory behaviors using the published 129
protocols and criteria (see Table 1 in [11]). Briefly, mirror 130
proximity was scored when the subject was near the mirror 131
and mirror-mediated patterns of self-exploratory behavior 132
were scored when the animal used the fingers or hands to 133
manipulate parts of the body otherwise not visible (e.g. facial 134
areas and ano-genital region). To qualify as mirror-mediated, 135
the animal had to be looking at its own image in the mir- 136
ror when the behavior occurred. Following Povinelli et al. 137
[11], a distinction was made between weak and compelling 138
instances of self-exploratory behaviors (see Table 2). 139

Videotape coding occurred after all groups had been 140
tested. To facilitate coding by a naïve rater, a time stamp 141
was incorporated onto the video images, and each sub- 142
ject was tagged by editing a colored dot onto their image 143
whenever they appeared on screen. The tapes were scored 144
by a person who was naïve to the purpose of the study. 145
Inter-observer reliability was calculated by comparing the 146
coding of the naïve rater and the principal investigator 147
(MdV) at 1 s intervals for 5 min samples from five of the 148

Table 2
Compelling vs. weak self-exploratory behaviors

Compelling self-exploratory behaviors	
Using hands or feet to groom/pick/inspect any part of the face or teeth repetitively	
Grooming neck, shoulder or back repetitively	
Manipulating ano-genital region	
Weak self-exploratory behaviors	
Grooming or picking any part of the face (including teeth) non-repetitively	
Observing food or liquid in open mouth	
Positioning body to look at ano-genital region	
Pulling hair on any part of the body repetitively	
Rubbing or wiping any part of the face repetitively	
Touching ano-genital region	
Manipulating chewed food	
Manipulating lips	
Manipulating nipples	

149 subjects. This analysis revealed an agreement in 93.6%
150 of the intervals. To avoid artificially high levels of agree-
151 ment due to the absence of behavior, the samples were
152 selected by the principal investigator from animals who
153 showed high levels of activity in front of the mirror. As an
154 additional check, a secondary inter-laboratory coding was
155 conducted by having a third observer (naive to the purpose
156 of the study and situated in a different laboratory) code the
157 same 5 min samples. The agreement with the original rater
158 was 96.0%.

159 Following Povinelli et al. [11], animals that exhibited
160 five or more compelling instances of self-exploratory be-
161 havior, totaling at least 30s, were classified as SR+.
162 Animals that showed from one to four instances or in to-
163 tal less than 30s of compelling self-exploratory behavior
164 were classified as SR?. Those that showed no compelling
165 instances of self-exploratory behavior were classified as
166 SR-.

167 2.5. Archival analysis

168 To further examine the relationship between the behav-
169 ioral measures used in the present study, and the results
170 of mark tests, we examined the archival records for all
171 18 subjects from the Povinelli et al. [11] study who were
172 coded as SR+ using the behavioral criterion (see above) and
173 who had also received mark tests (this included 7/12 of the
174 subjects in the longitudinal study). We then examined the
175 relationship between the number of spontaneous bouts of
176 self-exploratory behavior they exhibited and the number of
177 mark-directed touches they made during the testing phase
178 of the mark test.

179 3. Results

180 The central focus of this investigation was the stability
181 of the SR status of each animal from 1992 to 2000, and

whether a substantially lower percentage of animals exhib- 182
ited evidence of self-recognition from 1992 to 2000. 183

3.1. Trait stability 184

185 First, as can be seen in Table 3, 8/12 animals (67%) exhib-
186 ited the same classification at the two time-points. Six of the
187 nine animals classified as SR+ in 1992, still showed com-
188 pelling evidence of self-recognition in 2000. Two subjects
189 (Keetah and Lisa), who were SR+ in 1992 were diagnosed
190 as SR? in 2000. Keetah showed three bouts of compelling
191 self-exploratory behaviors for 22 s and Lisa engaged in three
192 bouts of compelling self-exploratory behaviors for 27 s. One
193 subject (Angela) who was coded as SR+ in 1992, was SR-
194 in 2000 (although it may be important to note that she only
195 had 4 min of mirror proximity). The two chimpanzees that
196 were SR- in 1992 (Christine and Abby), were still SR- in
197 2000. Finally, one subject (Liz) who met the criterion for
198 being SR? in 1992, showed no mirror related behaviors in
199 2000, and thus changed her status to SR-.

3.2. Aging effects 200

201 Another way of examining the data above is to ask
202 whether there was a decline with age in the percentage of
203 subjects that exhibited evidence of self-recognition. The
204 percentage of SR+ animals declined from 75% (9/12) in
205 1992, to 50% (6/12) in 2000. Although the difference in
206 the number of SR+ subjects was not statistically significant
207 (Fisher's exact test, $P > .05$), all movement in status was
208 in the negative direction.

3.3. Relation between behavioral coding and mark test 209

210 Although it was not possible to perform mark tests on the
211 subjects during the present study, it is reasonable to explore
212 the exact relationship between being coded SR+ using the

Table 3
Results of behavioral measures and self-recognition status at 2000 time-point

Subject	SR status		Behavioral measures		
	1992	2000	Proximity (min)	Weak SE (s)	Compelling SE (s)
Schulman	+	+	277	61	2413
Misty	+	+	226	157	160
Christy	+	+	140	172	249
Chakema	+	+	112	32	57
Gilda	+	+	41	88	243
Cindy	+	+	36	19	100
Keetah	+	?	71	16	22
Lisa	+	?	32	9	27
Angela	+	-	4	0	0
Liz	?	-	80	0	0
Christine	-	-	76	47	0
Abby	-	-	9	0	0

See text and Table 2 for definitions of behavioral measures.

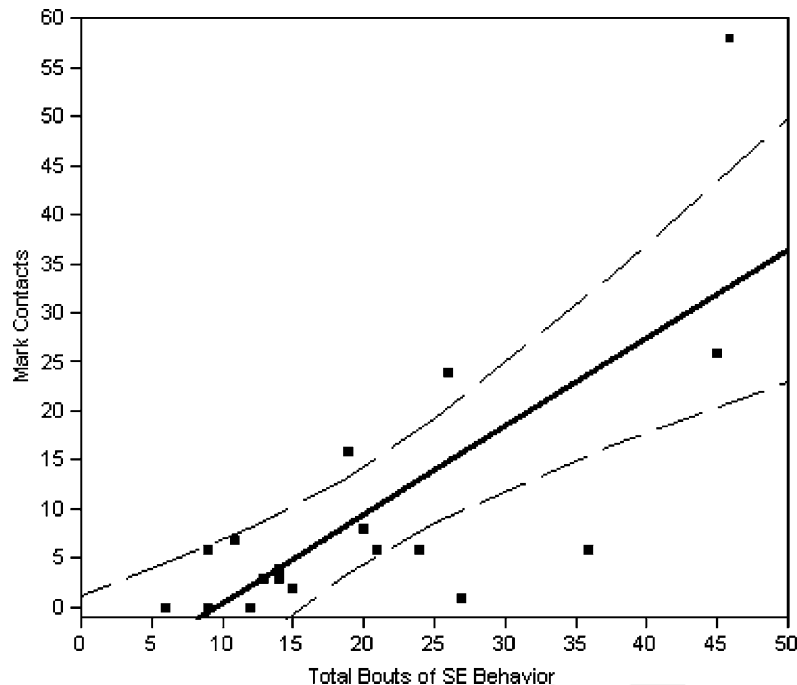


Fig. 1. Linear correlation (plus 95% confidence intervals) between total number of spontaneous bouts of self-exploratory behavior during 5 days of mirror exposure, and total number of contacts to marked regions of the face during test phase of the mark test for 18 subjects who were classified as SR+ and who were given a mark test (data derived from Tables 4 and 5 of [11] and archived records).

213 behavioral criterion used by Povinelli et al. [11] and also
 214 used here, and the results of mark tests. Although Povinelli
 215 et al. reported mark tests for 36 SR+, SR–, and SR?
 216 animals, and showed that positive mark test results came
 217 almost exclusively from the SR+ group (see Section 1),
 218 no further attempt was made to assess the relation be-
 219 tween the amount of spontaneous self-exploratory behavior
 220 and the results of the marks tests. Thus, using archived
 221 data, we tabulated the total number of compelling bouts
 222 of self-exploratory behavior that each SR+ subject exhib-
 223 ited and explored the relationship in question in several
 224 ways.

225 First, a *t*-test (for unrelated samples) revealed that ani-
 226 mals who passed the mark test ($n = 9$) exhibited signifi-
 227 cantly higher number of self-exploratory bouts ($M = 26.22$,
 228 S.D. = 13.53) than those ($n = 9$) that failed the test ($M =$
 229 14.56, S.D. = 6.23), $t(16) = 2.35$, $P < 0.032$). Second, a
 230 point biserial correlation between the total number of bouts
 231 of self-exploratory behavior and success or failure on the
 232 mark test revealed a significant positive correlation ($r_{pb} =$
 233 0.506, $d.f. = 16$, $P < 0.05$), indicating that the number of
 234 bouts of self-exploratory behavior accounted for approxi-
 235 mately 25% of the variance in the pass/fail mark test results.
 236 Furthermore, as shown in Fig. 1, there was a highly signifi-
 237 cant linear correlation between the total number of contacts
 238 to the marked regions of the face (data derived from [11],
 239 Tables 4 and 5) and the total number of spontaneous bouts
 240 of self-exploration, Pearson's $r = 0.749$, $d.f. = 16$, $P <$
 241 0.0004.

4. Discussion

243 Consistent with the possibility of an apparent decline with
 244 age, all of the changes in self-recognition status from the
 245 previous study [11] were in the negative direction. Two of
 246 the three chimpanzees that were SR+ in 1992 tested SR?
 247 in 2000, and the other tested SR–. Another animal moved
 248 from SR? to SR–. Finally, and of great interest concerning
 249 the stability of the trait, none of the animals that failed to
 250 show evidence of self-recognition in 1992 tested SR+ or
 251 SR? in 2000.

252 On the other hand, the apparent decline in self-recognition
 253 as a function of age in the present sample was more modest
 254 than what might be inferred from the cross-sectional data
 255 collected by Povinelli et al. [11]. Whereas only 9/35 (26%)
 256 of the older animals tested SR+ in 1992, 6/12 (50%) of the
 257 chimpanzees that were re-tested were SR+. Further, of the
 258 animals that tested positive in 1992, 6/9 (67%) continued
 259 to test positive in 2000. Thus, two-thirds of the adoles-
 260 cent chimpanzees that showed self-recognition in 1992
 261 continued to show robust evidence for self-recognition as
 262 adults 8 years later, despite the fact that they received lit-
 263 tle or no mirror exposure during the interim. This extends
 264 a previous account of retention of self-recognition by a
 265 chimpanzee for 1 year [3] to a retention interval that spans
 266 almost a decade. In the majority of instances, therefore,
 267 self-recognition in chimpanzees appears to be a persis-
 268 tent, highly reliable trait—at least from adolescence to
 269 mid-adulthood. It is equally important to emphasize that
 270

270 no animals (0/3) changed from SR– or SR? status, to
271 SR+.

272 Although the present results suggest that if animals change
273 their self-recognition status from adolescence/young adult-
274 hood to mid- to late-adulthood, it will be in the negative di-
275 rection, it should also be emphasized that the present longitu-
276 dinal design yielded a much higher level of self-recognition
277 in older animals than the previous cross-sectional design
278 (50% versus 26%, respectively). The original sample used by
279 Povinelli et al. included some chimpanzees that were much
280 older (25–39 years of age), but they found no correlation be-
281 tween self-recognition and age in adults (>16 years of age).
282 However, in the Povinelli et al. [11] study, 33/35 (94%) of
283 the animals aged 16–39 years were wild-born, while all 12
284 of the chimpanzees in the present study were captive-born.
285 Although the samples are not strictly comparable, it is of
286 interest to note that 1/2 (50%) of the captive-born adults
287 from the original study were SR+, which is the same pro-
288 portion as the current sample. Thus, although this study can-
289 not directly address the effects of early experience on the
290 expression of self-recognition, contrary to the notion that
291 being born in captivity negatively affects the expression of
292 this trait due to purported impoverished or restricted rear-
293 ing conditions (e.g. [13]), in this instance, being reared in
294 captivity was associated with a positive classification for
295 self-recognition. Although this may be due to the effects of
296 prior exposure to mirrors (which the current captive-born
297 subjects received, but not the wild-born subjects tested by
298 Povinelli et al., it would nonetheless be of great interest to
299 follow these captive-born subjects into their late adulthood.

300 The present data set does not allow for definitive con-
301 clusions regarding the four chimpanzees who changed their
302 self-recognition status from 1992 to 2000. The two that
303 moved from SR+ to SR?, showed several compelling in-
304 stances of mirror-mediated self-exploratory behavior and
305 perhaps with more exposure would have met the criterion for
306 SR+. However, it should be noted that based upon the na-
307 ture of the association between the behavioral criterion and
308 mark test results (see Section 1), the behavioral criterion is
309 unlikely to yield a substantial number of false negatives. If
310 anything, it is likely to lead to false positives (for empirical
311 data on this issue, see [4]). Another mitigating factor is that
312 some animals may have had greater access to the mirror than
313 others. Indeed, in some instances (e.g. Lisa and Angela) ac-
314 cess to the mirror was monopolized by more dominant cage
315 mates who were often not part of the study. However, access
316 alone is not likely to be a sufficient explanation, as two of
317 the SR– animals (Christine and Liz) exhibited high levels
318 of mirror proximity (see Table 3). In this regard, it should be
319 noted that Povinelli et al. [11] found no correlation between
320 time spent viewing the mirror and whether the subjects ex-
321 hibited compelling bouts of self-exploratory behavior.

322 It is also relevant that our retrospective analysis of the
323 relationship between the amount of self-exploratory behav-
324 ior (using the coding scheme adopted here) and the results
325 of mark tests indicates that, to some extent, the amount

of self-exploratory behavior can be used to predict success
or failure on the mark test. Particularly striking is that the
amount of self-exploratory behavior was correlated with,
and was able to explain a significant amount of the variation
in, the results the mark tests. Indeed, advances in the behav-
ioral coding system, which take into account the particular
kind of self-exploratory behaviors exhibited (teeth-picking,
ano-genital explorations, etc.), when combined with exist-
ing advances in mark test techniques (see [12]), may allow
for an even better ability to reliably infer mark test
results solely from the animals' spontaneous reactions to
mirrors.

The most conservative conclusions from the current data
are that the behavioral indicators of self-recognition in chim-
panzees are (a) stable across time (although, as in humans,
exhibit some decline with age), and (b) suggest greater in-
dividual variation in this species than in humans. Given that
a variety of lines of evidence now indicate that in humans
information processing about certain aspects of the self ex-
hibits a right hemisphere bias, and in particular, a bias in
the right prefrontal cortex (e.g. [2,5,8–10]), future research
should seek to clarify whether the kind of self-information
that supports self-recognition in chimpanzees exhibits an
homologous form of neural localization. Other research
should explore where the development of the brain regions
is correlated with the developmental onset of self-mirror
self-recognition in both human infants and chimpanzees.

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